

Focus plan for Creative

(Goals for music) Activity - Parachute play

Date -

Learning intention

Beginning to move rhythmically

Resources

Large, empty space. Parachute. Music indicative of weather. Weather sound effects.

How the activity will be carried out

Start by reiterating the rules of parachute play, working together etc. Warm the group up by gently shaking the parachute together, then walking in large circles, (all going in the same direction, of course!). Stop, gently shake together again, and then walk in the opposite direction together. Repeat, with larger movements and a little faster. Pause to explain you are going to listen to weather sounds and music and try to use your bodies and the parachute to express the weather together. Point out that you will be moving in different ways and at different speeds, so you need to be careful of each other. Listen to the music, then talk about how you might express it, take all suggestions and work through them, until you are all happy with your final result. Finish with some gentle stretches and time to relax.

This activity can be repeated using different weather on a weekly basis, or you could explore different weather types within one session.

Questions to ask/Language to use

Together, listen, move, walk, turn, stop, start, music, sounds, sun, wind, snow, rain, fog, hail, frosty, ice, slow, fast, care, rhythm, beat, gentle, fast, vigorous, slow, smooth, rough, jerky, graceful

Differentiation (Birth to Three)

Concentrate more on working together to create effects with the parachute - waves, tents, perhaps including cross-overs before the tent 'collapses'

Extension

Invite the children to experiment making their own weather music, after listening to examples you have gathered. They could then tape their piece and develop movements to express this.

Evaluation