

Focus plan for Personal, social and emotional

Activity Catch a Dream Date -

Learning intention

Have a positive self image and show that they are comfortable with themselves.
Work as part of a group, taking turns and sharing fairly, understanding that there needs to be agreed values and codes of behaviour for groups of people, including adults and children, to work together harmoniously.

Resources

Fishing nets (the sort used for rock pooling)
Sequins and larger sized glitter pieces/ confetti
Little pots with lids
Labels and pens

How the activity will be carried out

Ask the children if they can remember any dreams they have had. Invite the children to talk about their dreams, perhaps in a circle time. Were they good dreams or bad dreams? How did their dreams make them feel? Would they like to have a dream like that again? Encourage them to listen carefully to each other. Explain to the children that they are going to imagine that they can catch their dreams as they float through the air. Show them the glitter/confetti. These are their dreams. Give each child a net. Sprinkle the glitter in the air. As it falls the children can try to catch some in their net. Ask them to look out for each other as they reach for the 'dreams'. When they have caught some glitter, help them to put it into a little pot. Put the lid on quickly before the dream escapes! Ask the child to tell you what sort of dream is in the pot, and write a label for it with them. Then catch some more dreams.

Questions to ask/Language to use

Listen/quietly/carefully/gently/happy/sad/afraid
Can you remember a dream?
What sort of dream was it?
What sort of dream is in the pot?

Differentiation (Birth to Three)

Put out a large tray with glitter/confetti and little pots with lids and labels and pens for the children to explore in their independent play. Have some empty shelves nearby where they can store their dreams. Add glitter and food colour to the water tray and have the pots and lids there as well.

Extension

Invite children to choose a dream pot and tell the others about the dream inside it. Encourage them to decorate the label on their pot.

Evaluation