### Focus plan for Physical Development

**Activity – Parachute Waves**  
**Date -**

**Learning intention**
Respond to rhythm, music and story by means of gesture and movement.  
Manage body to create intended movements.

**Resources**
- Parachute
- Photographs of the sea in different kinds of weather - calm/stormy
- Calm and stormy music
- (Soft ball)
- CD player

**How the activity will be carried out**
Look at the photographs of the sea in different kinds of weather. What kind of day is it in each picture? Invite the children to listen to the music and match the pictures to the music they hear. Which picture best matches the stormy music? Take hold of the parachute and ask the children to make some waves. Can they move it like a calm sea? Can they move it like a stormy sea? Can they make big waves? Can they make little ripples? Can they keep it completely still? Play the music and see if the children can match their parachute waves appropriately to the calm/stormy sounds.

**Questions to ask/Language to use**
- Is the sea flat, wavy, still, frothy?
- Gently/roughly/loud/soft/calm/stormy/windy

**Differentiation (Birth to Three)**
- Sit with younger children to help them keep hold of the parachute.

**Extension**
- Place a ball on the parachute. The ball is a boat on the sea. What will happen to the 'boat' when the sea is calm/stormy? Try it out.