

## Focus plan for Physical Development

### Activity - Minibeast Moves Date -

#### Learning intention

Move with confidence, imagination and in safety.

Experiment with different ways of moving.

#### Resources

Large space, small group of children

Soft obstacles e.g. large and small cushions/soft blocks/ blankets over cushions to make a tunnel, pop - up tunnels and tents etc.

Sleeping bags/sacks/ pillow cases

#### How the activity will be carried out

Tell the children that they are going to move like minibeasts. Give each child a sleeping bag/pillowcase and ask them to put it on. Stand still. What sort of minibeast will they be moving like if they can't use their legs? Invite them to crawl around inside the sleeping bags, using the soft play that has been set out. Can they go over and under? Can they make bumps out of cushions to crawl around? Can they go through? Extend the children as they explore moving like this. Was it difficult to wiggle and crawl instead of walking?

#### Questions to ask/Language to use

Wiggle, crawl, wriggle, slither, over, under, through, around, behind etc.

#### Differentiation (Birth to Three)

Without using the sleeping bags, let the children explore the soft play area and ways to move around it. Support different moves such a rolling, crawling, walking.

#### Extension

Give children other minibeasts to move like without sleeping bags - scuttle like a beetle, flutter like a butterfly, have many legs like a centipede.

#### Evaluation