

Focus plan for Physical Development

Activity - Island Hoops Date -

Learning intention

To respond to rhythm, music and story by means of gesture and movement.

Move spontaneously within available space.

Resources

CD of music - sea songs or sea sounds

Large hoops

How the activity will be carried out

Allow the children to play with the hoops while the music is on for a few moments. Stop the music and ask them each to sit in a hoop. Each hoop is an island. The floor around them is the sea. Explain that you are going to practice their listening skills. Stop and start the music and ask them to wave at you each time it stops or starts. Play the music and invite the children to move between the hoops as though they are in the sea - swim, paddle in a boat etc. When the music stops the children need to find an island hoop to jump into. Watch out for the sharks!

Questions to ask/Language to use

Can you swim like a Jelly fish/octopus/eel?

How many children are on your island? Is there room for any more?

Differentiation (Birth to Three)

Pair younger children with older children or an adult, or help them spot a space on an island.

Extension

Discuss other ways of getting between the islands, e.g. rowing boat/plane/on the back of a dolphin. Act these out.

Evaluation