

Focus plan for Physical

(Goals for movement) Activity - Dressing races Date -

Learning intention

To gain control of clothing and fastenings.

Resources

Selections of seasonally appropriate clothing, depending on your emphasis. E.g. winter - balaclava, woolly hat, gloves, mittens, scarves, coats etc. Ensure there is a full set for the number of children taking part.

How the activity will be carried out

To keep it manageable, children should access the activity in small groups - ideally 4. Sort through the clothing, discussing what each item is and how it is put on. This will set the target for the end result of the dressing race - it is best not to include too many items. The choice of mittens or gloves, and types of fastenings involved would also depend on the dexterity of individual children. Gather the children together and start the race however you choose. The aim is to dress in a complete set of clothes as quickly as possible. A less threatening variation would be to take it in turns and use a sand timer - number of turns.

Questions to ask/Language to use

What? How? Hat, scarf, coat, sunglasses, sunhat, gloves, raincoat, sandals, wellingtons, flippers etc

Differentiation (Birth to Three)

Examine the clothes collection identifying and exploring each. Look at the fastenings, then try to put some of the items on, giving support as necessary

Extension

Represent all the seasons at once; mixing them up will make it even more of a challenge.
Organise the children into teams for a more competitive element

Evaluation