# Focus plan for Physical

(Goals for A sense of space) Activity - Musical spots Date -

#### Learning intention

To begin to move safely in a group

#### Resources

Large empty space, music, scissors, cardboard for making 'spots'

#### How the activity will be carried out

Explain you are going to play a new game, which is a bit like Musical Chairs, but you will need some spots, big enough to stand on, one each. Invite the children to help you to cut out the spots. Place the spots around the area and explain the game: While the music is playing, the children should run or skip around the room, avoiding the spots and not bumping into each other. When the music stops they should run to the nearest spot and stand on it. First time, make sure all the children have a spot to stand on, then tell them you are going to remove one spot each time and if they have no spot to stand on they should sit down at the side. The winner is the person who stands on the last remaining spot. They then become the caller for the next game.

## Questions to ask/Language to use

Spots, music, stop, stand, move, skip, run, avoid, no bumping, out, remove, turns.

# Differentiation (Birth to Three)

Provide ready cut shapes; instead of removing spots, change the game to a simple exercise in finding one to stand on when the music stops and trying not to bump into each other.

## **Extension**

As they become more confident with the game, add the rule that if they bump into each other they will be out.

Vary the method of moving around the room.

As a child is 'out' they remove a spot as well.

## **Evaluation**