

## Focus plan for Personal, social and emotional

Activity Friendship Chain Date -

### Learning intention

Have a positive self image and show that they are comfortable with themselves.

Have a developing awareness of their own needs, views and feelings, and be sensitive to the needs, views and feelings of others.

### Resources

Choose some light, happy music, CD player

Ball

Coloured strips of gummed paper, each one with a name of a child from the setting on it

### How the activity will be carried out

Explain to the children that you are going to think about all our friends at nursery. Ask them to hold hands to form a line, like a chain. Play the music and dance round together, following one of the children at the end of the line around the room, but don't break the chain. End up in a circle and sit down. Turn off the music. Invite the children to roll the ball to another child and say 'Charlie is my friend' or 'Anna is my friend'. Make sure that everyone gets a go. Ask them why they think it is lovely to have friends. What do friends do for each other? What could you do for your friend? Give each child their named strip of paper. Show them how to lick on end and loop it around the strip of the person next to them to make a chain. This is a chain of all their friends. When the chain is finished ask the children to help you find somewhere to hang it.

### Questions to ask/Language to use

Friends, friendship, caring, kind, helpful, together, links

How can we help our friends?

### Differentiation (Birth to Three)

Highlight helpfulness among the children by praising cooperation, sharing, turn taking etc as they play.

### Extension

Ask older children to spend the session being as helpful as they can to each other, e.g. finding a lost toy, reaching something, passing the snacks. Ask them at the end of the session how it made them feel to be helpful and to be helped.

### Evaluation