

Focus plan for Physical Development

Activity - Snowflake! Icicle! Date -

Learning intention

Move with confidence, imagination and in safety.

Experiment with different ways of moving.

Resources

A Large space

Some snowy/icy music

Picture of a snowflake and some icicles

How the activity will be carried out

Tell the children you are going to play a game a bit like musical statues. How does that game work? In this game, they can dance around like snowflakes, and when the music stops they have to freeze. But they have to listen very carefully, because you will call out either 'snowflake' or 'icicle' and they will have to freeze in the shape of the one that is called out. Show the children the picture of the snowflake and ask them to make a snowflake shape (it could be a bit like a star shape). Show them the icicles picture. Can they make a shape like this? (They could stand very straight with their arms by their sides). Have a practice run, playing the music and calling out snowflake or icicle. Play the game a few times. Have fun spotting the children who made the right shapes. Encourage them to whirl and twirl like snowflakes as they dance and freeze as still as possible when the music stops.

Questions to ask/Language to use

Wiggle, crawl, wriggle, slither, over, under, through, around, behind etc.

Differentiation (Birth to Three)

Leave out the freezing part of the game, and play soft snowy music and encourage the children to twirl and flutter like a snowflake. Or they could roll gently along the ground as though they were a snowball.

Extension

Can the children move in a frosty way when the music is on? Can they pretend they are trying to keep warm on a cold day by jumping about when the music is playing?

Evaluation