

Focus plan for Personal social and emotional

(Goals for Dispositions and attitudes) Activity - Fruit kebabs Date -

Learning intention

For children to be involved and motivated

Resources

Maps, books about fruits, hand washing facilities, aprons, a variety of fruits, chopping boards, suitable knives, blunt wooden skewers, serving platter, individual plates.

How the activity will be carried out

In a group, look at all the available fruits. Discuss what they are, how and where they grow, who likes which, etc. Invite children to share their own favourite fruit(s), with the opportunity to say why they like them. Explain we are going to make our own favourite fruit kebabs and that we will share them at snack time. Refresh the children's awareness of hygiene by asking what they need to do in order to be able to prepare food. Ask them to wash hands and don aprons once they have provided the answer.

Invite the children to help you prepare the fruit. When it is ready ask them to select their ingredients and begin to make their kebab. Model the process by making your own fruit kebab Talk about how the food looks, smells, tastes, how it appears as it is sliced etc.

Encourage the children to place each kebab to one side when completed, then when everyone is finished they can be arranged together attractively to be served at snack time. Involve everyone in clearing away and washing up. Have snack!

Questions to ask/Language to use

What fruit do we like? Why do we like it? How does it grow?

Various fruit names, like, dislike, sweet, fragrant, juicy, chewy, soft, healthy, tree, bush, seeds, pips, stones, wash, clean, peel, slice, chop, pierce, thread, careful, platter, plate, each, later, share.

Differentiation (Birth to Three)

Make this into a fruit exploration activity, as some fruits may be unfamiliar. Develop a fruit salad for sharing at snack time.

Invite them to tell each other which they like best.

Extension

Invite children to arrange their kebabs individually alongside a picture of how they grow, where they grow or some other feature they have discovered about their favourites. Offer the opportunity for them to share what it is they like about their selections.

Evaluation