# Focus plan for Creative

(Goals for music) Activity - Body sounds

Date -

#### Learning intention

Explore sounds and how they can be changed

#### Resources

Safe, quiet, empty space

### How the activity will be carried out

In small groups, invite the children to sit and make themselves comfortable. Explain you are going to explore the sounds their bodies can make and how they can be changed. Encourage the children to suggest different parts of the body that might make noises - you may need to start them off. Obvious examples might be humming, clapping, finger-snapping. Others might be sucking breath in between teeth, making 'tutting' sounds, patting limbs, slapping the floor, whistling etc. See how using faster, slower, softer, harder movements can change them. Invite children to develop a simple rhythm to show their friends.

## Questions to ask/Language to use

What sounds can we make with just our bodies?

Voice, tongue, hands, legs, feet, breathe, teeth, fingers, hum, snap, click, slap, pat, stamp

### Differentiation (Birth to Three)

Simply model and encourage children to explore their own noise-making potential - with and without props. Noisy, but fun!

### Extension

Develop vocal (non-verbal) sounds into a tune - maybe challenging their friends to 'Name that tune!'

#### Evaluation