Focus plan for Personal, Social and Emotional

(Self-care) Activity - I can do!

Date -

Learning intention

To develop child's ability to care for self

Resources

Range of baby equipment - bottle, rattle, nappy, changing mat, weaning bowls and spoons. Photos of babies being cared for. Range of toddler appropriate equipment - feeder cups, fork and spoon, bowl, potty, pull-ups, trainer scissors, scoot along toys. Range of preschool child appropriate equipment - cup, knife and fork, plate, bowl, scissors, tongs, pants, comb, brush, bobbles, clothing with different fastenings, tricycle. Items more suited to older child or adults e.g. sharp knife (care!), watch, bicycle, car keys.

How the activity will be carried out

Children to be in a small group of developmentally similar stage. Discussion of items, what was appropriate to what age range, which they use, which older/younger siblings or relatives uses. What can they do now that they couldn't before? What did they want to learn to do next? Practise with items as appropriate,

Questions to ask/Language to use

See above, also: helping, asking, needing, doing, making, older, younger, stronger, clever

Differentiation (Birth to Three)

Concentrate on the younger end of the resources, with emphasis on what they can do

Extension

Encourage children to write or draw pictures about what they can do now and what they would like to be able to do soon. Help them to experience and/or practise a new skill.

Evaluation