

Focus plan for Physical Development

Activity - The Bell on the Bus Date -

Learning intention

Move with control and coordination.

Move spontaneously within available space.

Resources

A bell

A circle of green card.

Planks, large wooden blocks, ropes

Bus Stop signs

How the activity will be carried out

Make a road on the floor using the ropes. Use benches, planks and blocks to make hills, bridges or ramps in the road that will be safe for the children to travel on. Place the Bus Stop signs at various intervals in a generous space. Show the children where the bus stops are. Ask them to be buses travelling along the road. Watch out for any bumps or curves or hills! Ring the bell and explain that each time the children hear the bell they have to find a bus stop. At the bus stops give them an instruction to follow, e.g. hop, jump, turn around. When you hold up the green card that is the signal for the buses to begin travelling along the road again until they hear the bell again.

Questions to ask/Language to use

Stop/go/straight/round/up/down/over

Differentiation (Birth to Three)

Travel along the road and stop and start at an appropriate signal without any further instructions.

Extension

Add some obstacles in the road using hoops or cones for the children to move in and out of.

Evaluation