

## Focus plan for Physical Development

### Activity - Ploughing the Fields Date -

#### Learning intention

Show awareness of space, of themselves and of others.

Move with control and coordination.

#### Resources

Pictures of tractors ploughing the fields

Outdoor space

Large ride on wheeled vehicles (trikes, cars, bikes)

Lengths of rope laid on the ground in rows, wide enough for a wheeled vehicle to pass through each row, and not bump into another child.

#### How the activity will be carried out

Invite the children to look at the pictures of fields being ploughed. What is happening in the pictures? The children may comment on the straight lines the ploughing tractor makes. Talk about how the tractor goes up and down the field in a straight line to make these rows. Show the children the ropes on the ground. These are laid out in rows too. Explain to the children that they are going to pretend to be tractor drivers. Show them that they will have a row that they can drive up and down in. Can they keep in their row to make a straight line like the tractors in the pictures? Give each child a ride on toy and support them in moving along their row. Help them to turn round at the end and go back again.

#### Questions to ask/Language to use

Row, straight, line, up, down, along, within, between.

#### Differentiation (Birth to Three)

Children could crawl up and down a row, or push a buggy as they move within the ropes. Have small world tractors in the wet sand so children can make tracks in lines with the wheels.

#### Extension

Make the rows a bit narrower, so the children have to be even more careful at moving in a straight line. If you have enough rope, make the rows turn at each end so the children can practice turning within their row as well.

#### Evaluation