

## Focus plan for Physical Development

Activity - Fold it! Date -

### Learning intention

Manipulate materials to achieve a planned effect

Handle tools, objects, construction and malleable materials safely and with increasing control

### Resources

Pictures of Postmen and women, post boxes and post vans

Lots of different types and sizes of envelopes

A selection of different sized paper and card

### How the activity will be carried out

Use the pictures to talk about how postmen and women help us. Talk about letters and cards and envelopes and what the post people do with them. Invite the children to choose some paper and an envelope and to try to get their paper neatly into the envelope. What do they have to do to make it fit? Can they stick the envelope down? If not, try to make the paper fit a bit better. Encourage the children to fold their paper. Is it easier to fold a big bit of paper lots of times to fit a small envelope? Or could they choose a bigger envelope? Give the children the opportunity to explore paper folding.

### Questions to ask/Language to use

How do these people help us?

What would happen if an envelope was not done up properly?

How can you fit the paper into the envelope?

Fold, press, stiff, firm, into, flat

### Differentiation (Birth to Three)

Have a selection of envelopes and paper available on the graphics table for the children to explore. Comment on folding other things in the setting, such as blankets or dolls clothes.

### Extension

Show children how to make a simple envelope by folding and sticking a piece of paper. Encourage them to make some envelopes for the graphics table.

### Evaluation