

Focus plan for Physical Development

Activity - Farmyard Obstacles Date -

Learning intention

Move with confidence, imagination and in safety.

Show awareness of space, of themselves and of others.

Resources

Outside space

Large sheet of blue fabric

Large cardboard boxes, tubes and canes

Large wooden blocks

Hoops, tunnels/tents, cones

How the activity will be carried out

Set up the resources to represent a farmyard. Use the fabric as a pond, boxes/tents as barns (open them at both sides). Other boxes or wooden blocks could be haystacks, or tractors with hoops as wheels. Lay out canes/tubes to be fields/enclosures. Invite the children to walk around the farmyard with you. Talk about the different obstacles. How can they get through them or around them? Allow the children to explore the obstacles. Support them to move in different ways, using positional language. Can they tackle the same obstacle in different ways?

Questions to ask/Language to use

Under, through, crawl, jump, over, under, behind, in front, forwards, backwards, around etc.

Differentiation (Birth to Three)

Have a large box as a barn, and allow the children to crawl through, go around, or over, in front of or behind it. Talk to them using positional language as they play.

Extension

Challenge the children to find a new way of tackling an obstacle. Invite the children to change the layout of the farmyard and then try again.

Evaluation