

Personal, social and emotional

- Role play areas – doctor's/dentist's/opticians/vets/post office etc.
- Visits from people who help us, e.g. childminder/health visitor
- Small world play
- Circle times
- Make badges to wear for being helpful – ask children to pick who wears them
- Talk about who helps us everyday
- Talk about friendship
- Make a friendship chain
- Stories and songs

Communication, language and literacy

- Role play areas
- Dressing up in uniforms
- Make a book about people who help us/about friendship
- Mobile phone and walkie-talkie play
- Letter writing/post office play
- Learn your own address
- Small world play
- Visit the library
- Books, rhymes and songs

Knowledge and understanding of the world

- Watch the rubbish being collected
- Recycle things in the nursery area
- Collection of small world emergency vehicles
- Other small world play
- Doctor's and nurse's kits
- Being helpful – doing the cleaning
- Giving directions games
- Non-fiction books
- Uniforms to dress up in
- Make a family tree

Problem solving, reasoning and numeracy

- Setting up different types of shop – bakers/newsagents/grocers/haberdashers
- Money – shop role play
- Weight – use scales to weight things in a shop context
- Size and shape – compare and recognise in a shop context
- Sorting activities
- Make cakes and sell them – give the money to a local charity that helps people
- Deliver newspapers and letters to numbered locations around the nursery
- Mini surveys on children's favourite items such as cakes/breakfast cereal
- Visit the supermarket

People who help us

Physical

- Collection of large boxes for using as emergency vehicles
- Junk modelling
- Deliver post in large wheeled toys
- Lift large objects e.g. sack of parcels/bag of newspapers/crate of milk cartons
- Lollipop lady follow my leader
- Fine motor control with buttons and zips on dressing up clothes
- Climbing ladders on climbing frames (like fire fighters)
- Large wheeled vehicles outside as emergency vehicles

Creative

- Acting out caring scenarios, e.g. with baby dolls
- Role play areas
- Dressing up in uniform and taking on a role
- Finger painting (or printing, like the police)
- Baking for a baker's shop
- Play dough
- Large block play vehicles
- Songs and stories
- Making thank you gifts or cards for people who help us